

# Classic Head Spa Treatment

For clients who experience dryness, irritation or over-production of oil, who are looking to get a nice deep cleanse and to exfoliate, hydrate and nourish both hair and scalp

### You will need these products:

- NATULIQUE Volume Hairwash
- NATULIQUE Exfoliative Scalp and Skin Therapy
- NATULIQUE Intensive Hair Mask
- NATULIQUE Rejuvenating Hair Mist
- NATULIQUE Conditioner of choice

### You will need these accessories:

- Presentation board
- Bowl
- Paddle Brush
- Towels
- Steamer
- High-frequency comb
- Microscope
- Scalp Brush

## Step by step guide:

### 1 Preparation

- ✓ Dim the lights
- ✓ Relaxing music or meditative sounds
- ✓ Aroma diffuser or a scented candle for a stress relieving and aromatherapeutic effect
- ✓ Prepare towels and a blanket to wrap the client in
- ✓ Place the products you will need on your presentation board

### 2 Consultation and scalp analysis

- ✓ Ask questions about current scalp issues
- ✓ Ask questions about current scalp care
- ✓ Analyse scalp with microscope
- ✓ Look for issues like dandruff, redness and irritation, oily build-up, product build-up, scalp acne and dormant or clogged hair follicles

### 3 High frequency and dry brushing

- ✓ Use high frequency comb all over scalp to stimulate blood flow and increase cellular activity
  - ✓ Dry brush in circular motions all over the scalp using 2 paddle brushes
- The bristles will gently scrub the scalp and remove impurities that can block the pores and follicles

### 4 Deep cleanse

- ✓ Clean the scalp thoroughly to remove any silicones or oil on the hair and scalp that will block the penetration of the following products
- ✓ Wash 2-3 times as needed using a deep cleansing shampoo like **Volume Hairwash**

**Note:** If you are using a water halo that recycles the water make sure to rinse thoroughly before refilling the bowl and starting the halo

### 5 Stimulation and exfoliation

- ✓ Time to exfoliate to unclog hair follicles and remove dead skin cells and old product build-up that might be sitting on the scalp
- ✓ Squeeze the **Exfoliative Scalp Therapy** into your bowl and apply it directly on the scalp using the brush

### 6 Treatment

- ✓ While the **Exfoliative Scalp Therapy** is still on the scalp, apply **Intensive Hair Mask** to the lengths of the hair
- ✓ Use the spoon to scoop the hair mask from the jar
- ✓ Leave on for 20 minutes along with the **Exfoliative Scalp Treatment**

### 7 Scalp massage

- ✓ While processing, give your client a scalp massage with the **Stimulating Scalp Brush** for the first 10 minutes
- This will boost blood circulation to create a healthy scalp environment, reduce stress levels, strengthen the hair follicles and reduce tension that can be the cause of painful headaches
- ✓ If you prefer to massage with your fingers, this is also an option

**Tip:** Spray **Rejuvenating Hair Mist** lightly into the air to add additional antioxidants and provide aroma therapy

### 8 Processing and relaxation

- ✓ Wrap the client's head in a hot, wet towel to steam. Or, if you have a head spa cap steamer, put it on now
- ✓ Process for 10 more minutes with the steam (20 minutes in total)
- ✓ While processing with steam, give your client a nice neck, shoulder or hand massage
- ✓ After 20 minutes, rinse and condition using a conditioner appropriate for the client's scalp and hair type

### 9 Post-treatment scalp analysis

- ✓ Time to take a look at the difference on the scalp. Get out the microscope again, and make sure to display what you see to the client
- ✓ The build-up, dry flakes or irritation you saw in the microscope before the treatment will now be gone and you will be able to show the client a healthy, clean scalp

### 10 Retail recommendations

- ✓ After seeing the results in the microscope, your client will be hooked on scalp care
- ✓ Now is the perfect time to give your recommendations for at-home scalp care to maintain their results in-between treatments
- ✓ They will trust your guidance, so make sure to tell them about the products you used during the treatment and how they should use them at home.

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 CERTIFIED ORGANIC BEAUTY

# Anti-Hair Loss Head Spa Treatment

Our Anti-Hair Loss Head Spa Treatment is for clients who experience excessive hair loss and shedding

## Step by step guide:

- 1 Preparation**
- ✓ Dim the lights
  - ✓ Relaxing music or meditative sounds
  - ✓ Aroma diffuser or a scented candle for a stress relieving and aromatherapeutic effect
  - ✓ Prepare towels and a blanket to wrap the client in
  - ✓ Place the products you will need on your presentation board

- 5 Stimulation and exfoliation**
- ✓ Time to exfoliate to unclog hair follicles and remove dead skin cells and old product build-up that might be sitting on the scalp
  - ✓ Squeeze the **Exfoliative Scalp Therapy** into your bowl and apply it directly on the scalp using the brush

- 9 Post-treatment scalp analysis**
- ✓ Apply the **Anti-Hair Loss Scalp Serum** on the scalp and wrap the client's head in a hot, wet towel to steam. Or, if you have a head spa cap steamer, put it on now
  - ✓ Allow to process for 10 minutes with the steam. Do NOT rinse but leave the serum on the scalp

- 2 Consultation and scalp analysis**
- ✓ Ask questions about current scalp issues
  - ✓ Ask questions about current scalp care
  - ✓ Analyse scalp with microscope
  - ✓ Look for issues like dandruff, redness and irritation, oily build-up, product build-up, scalp acne and dormant or clogged hair follicles

- 6 Treatment**
- ✓ While the **Exfoliative Scalp Therapy** is still on the scalp, apply **Intensive Hair Mask** to the lengths of the hair
  - ✓ Use the spoon to scoop the hair mask from the jar
  - ✓ Leave on for 20 minutes along with the **Exfoliative Scalp Treatment**

- 10 Retail recommendations**
- ✓ After seeing the results in the microscope, your client will be hooked on scalp care
  - ✓ Now is the perfect time to give your recommendations for at-home scalp care to maintain their results in-between treatments
  - ✓ They will trust your guidance, so make sure to tell them about the products you used during the treatment and how they should use them at home

### You will need these *products*:

NATULIQUE Volume Hairwash  
 NATULIQUE Exfoliative Scalp and Skin Therapy  
 NATULIQUE Intensive Hair Mask  
 NATULIQUE Rejuvenating Hair Mist  
 NATULIQUE Anti-Hair Loss Conditioner  
 NATULIQUE Anti-Hair Loss Serum

### You will need these *accessories*:

Presentation board      Microscope  
 Bowl      Scalp Brush  
 Paddle Brush  
 Towels  
 Steamer  
 High-frequency comb

- 3 High frequency and dry brushing**
- ✓ Use high frequency comb all over scalp to stimulate blood flow and increase cellular activity
  - ✓ Dry brush in circular motions all over the scalp using 2 paddle brushes.
- The bristles will gently scrub the scalp and remove impurities that can block the pores and follicles

- 4 Deep cleanse**
- ✓ Clean the scalp thoroughly to remove any silicones or oil on the hair and scalp that will block the penetration of the following products
  - ✓ Wash 2-3 times as needed using a deep cleansing shampoo like **Volume Hairwash**

**Note:** If you are using a water halo that recycles the water make sure to rinse thoroughly before refilling the bowl and starting the halo

- 7 Scalp massage**
- ✓ While the **Exfoliative Scalp Therapy** is processing, give your client a scalp massage with the **Stimulating Scalp Brush** for 10 minutes. This will boost blood circulation to create a healthy scalp environment, reduce stress levels, strengthen the hair follicles and reduce tension that can be the cause of painful headaches
  - ✓ If you prefer to massage with your fingers, this is also an option

**Tip:** Spray **Rejuvenating Hair Mist** lightly into the air to add additional antioxidants and provide aroma therapy

- 8 Processing and relaxation**
- ✓ For the remaining 10 minutes of the processing time, move the massage to the neck and shoulders
  - ✓ After 20 minutes, rinse out the **Exfoliative Scalp Therapy** and condition with the **Anti-Hair Loss Conditioner**. Remember to also apply the conditioner to the scalp to allow it to absorb the beneficial ingredients
  - ✓ Rinse out the conditioner and towel dry the hair

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# Hair Bond Head Spa Treatment

Our Bond Repair Head Spa Treatment is for clients who want to treat issues on their scalp but also have very damaged hair

## Step by step guide:

### 1 Preparation

- ✓ Dim the lights
- ✓ Relaxing music or meditative sounds
- ✓ Aroma diffuser or a scented candle for a stress relieving and aromatherapeutic effect
- ✓ Prepare towels and a blanket to wrap the client in
- ✓ Place the products you will need on your presentation board
- ✓ Mix No.1 BioActive Bond Repair Additive in your applicator bottle

### 5 Stimulation and exfoliation

- ✓ Time to exfoliate to unclog hair follicles and remove dead skin cells and old product build-up that might be sitting on the scalp
- ✓ Squeeze the **Exfoliative Scalp Therapy** into your bowl and apply it directly on the scalp using the brush

### 9 Post-treatment scalp analysis

- ✓ Time to take a look at the difference on the scalp. Get out the microscope again, and make sure to display what you see to the client
- ✓ The build-up, dry flakes or irritation you saw in the microscope before the treatment will now be gone and you will be able to show the client a healthy, clean scalp

### 2 Consultation and scalp analysis

- ✓ Ask questions about current scalp issues
- ✓ Ask questions about current scalp care
- ✓ Analyse scalp with microscope
- ✓ Look for issues like dandruff, redness and irritation, oily build-up, product build-up, scalp acne and dormant or clogged hair follicles

### 6 Treatment

- ✓ While the Exfoliative Scalp Treatment is still on the scalp, apply **No. 1 Hair Bond Additive** using an applicator bottle
- ✓ Leave No. 1 Hair Bond Additive on and apply **No. 2 Hair Bond Strengthener** on top right away

### 10 Retail recommendations

- ✓ After seeing the results in the microscope, your client will be hooked on scalp care
- ✓ Now is the perfect time to give your recommendations for at-home scalp care to maintain their results in-between treatments
- ✓ They will trust your guidance, so make sure to tell them about the products you used during the treatment and how they should use them at home

#### You will need these products:

- NATULIQUE Volume Hairwash
- NATULIQUE Exfoliative Scalp and Skin Therapy
- NATULIQUE Rejuvenating Hair Mist
- NATULIQUE BioActive Bond Repair No. 1 Additive
- NATULIQUE BioActive Bond Repair No. 2 Stengthener

#### You will need these accessories:

- Presentation board
- Bowl
- Paddle Brush
- Towels
- Steamer
- High-frequency comb
- Microscope
- Scalp Brush
- Applicator bottle

### 3 High frequency and dry brushing

- ✓ Use high frequency comb all over scalp to stimulate blood flow and increase cellular activity
  - ✓ Dry brush in circular motions all over the scalp using 2 paddle brushes.
- The bristles will gently scrub the scalp and remove impurities that can block the pores and follicles

### 7 Scalp massage

- ✓ While the Exfoliative Scalp Therapy and the Bond Repair system is processing, give your client a scalp massage with the Stimulating Scalp Brush for 10 minutes.
- This will boost blood circulation to create a healthy scalp environment, reduce stress levels, strengthen the hair follicles and reduce tension that can be the cause of painful headaches
- ✓ If you prefer to massage with your fingers, this is also an option

**Tip:** Spray Rejuvenating Hair Mist lightly into the air to add additional antioxidants and provide aroma therapy

### 4 Deep cleanse

- ✓ Clean the scalp thoroughly to remove any silicones or oil on the hair and scalp that will block the penetration of the following products
- ✓ Wash 2-3 times as needed using a deep cleansing shampoo like **Volume Hairwash**

**Note:** If you are using a water halo that recycles the water make sure to rinse thoroughly before refilling the bowl and starting the halo

### 8 Processing and relaxation

- ✓ Wrap the client's head in a hot, wet towel to steam. Or, if you have a head spa cap steamer, put it on now
- ✓ Process for 10 more minutes with the steam (20 minutes in total)
- ✓ While processing with steam, give your client a nice neck, shoulder or hand massage
- ✓ After 20 minutes, rinse and condition using the **No. 5 Hair Bond Conditioner**

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# Lite Head Spa Treatment

Our Lite Head Spa Treatment is for clients who prefer a quicker service but still want to treat their scalp and get a relaxing break from a stressful day

### You will need these *products*:

NATULIQUE Volume Hairwash  
NATULIQUE Exfoliative Scalp and Skin Therapy  
NATULIQUE Intensive Hair Mask  
NATULIQUE Rejuvenating Hair Mist  
NATULIQUE Conditioner of choice

### You will need these *accessories*:

Presentation board  
Bowl  
Towels  
Steamer  
Scalp Brush

## Step by step guide:

### 1 Preparation

- ✓ Dim the lights
- ✓ Relaxing music or meditative sounds
- ✓ Aroma diffuser or a scented candle for a stress relieving and aromatherapeutic effect
- ✓ Prepare towels and a blanket to wrap the client in
- ✓ Place the products you will need on your presentation board

### 2 Deep cleanse

- ✓ Clean the scalp thoroughly to remove any silicones or oil on the hair and scalp that will block the penetration of the following products
- ✓ Wash 2-3 times as needed using a clarifying shampoo like Volume Hairwash

**Note:** If you are using a water halo that recycles the water make sure to rinse thoroughly before refilling the bowl and starting the halo

### 3 Stimulation and exfoliation

- ✓ Time to exfoliate to unclog hair follicles and remove dead skin cells and old product build-up that might be sitting on the scalp
- ✓ Squeeze the **Exfoliative Scalp Therapy** into your bowl and apply it directly on the scalp using the brush

**Tip:** Spray a few pumps of the Rejuvenating Hair Mist lightly into the air prior to adding the mask to add additional antioxidants to the hair, while also providing some aroma therapy. You can mist several times throughout the treatment – we promise that the smell is so incredible that you can not get enough

### 4 Treatment

- ✓ While the Exfoliative Scalp Therapy is still on the scalp, apply **Intensive Hair Mask** to the lengths of the hair
- ✓ Use the spoon to scoop the hair mask from the jar
- ✓ Leave on for 20 minutes along with the Exfoliative Scalp Treatment

### 5 Scalp massage

- ✓ While processing, give your client a scalp massage with the **Stimulating Scalp Brush** for the first 10 minutes
- This will boost blood circulation to create a healthy scalp environment, reduce stress levels, strengthen the hair follicles and reduce tension that can be the cause of painful headaches
- ✓ If you prefer to massage with your fingers, this is also an option

### 6 Processing and relaxation

- ✓ Wrap the client's head in a hot, wet towel to steam. Or, if you have a head spa cap steamer, put it on now
- ✓ Process for 10 more minutes with the steam (20 minutes in total)
- ✓ While processing with steam, give your client a nice neck, shoulder or hand massage
- ✓ After 20 minutes, rinse and condition using a conditioner appropriate for the client's scalp and hair type

### 7 Retail recommendations

- ✓ After seeing the results in the microscope, your client will be hooked on scalp care
- ✓ Now is the perfect time to give your recommendations for at-home scalp care to maintain their results in-between treatments
- ✓ They will trust your guidance, so make sure to tell them about the products you used during the treatment and how they should use them at home

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